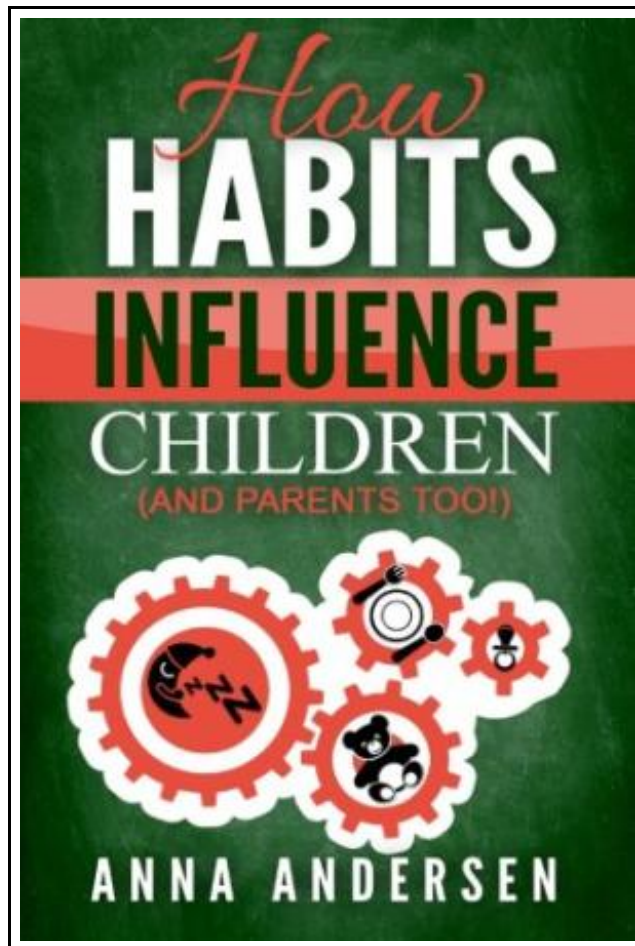


How Habits Influence Children, and Parents Too!: Unlock the Power of Routines for a Greater Family Life and to Raise Amazing Children



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Reviews

This publication is definitely not simple to begin on studying but really exciting to read. It is actually rally fascinating throgh reading time. Your life span will be enhance when you complete looking at this publication.

(Laurence Littell)

HOW HABITS INFLUENCE CHILDREN, AND PARENTS TOO!: UNLOCK THE POWER OF ROUTINES FOR A GREATER FAMILY LIFE AND TO RAISE AMAZING CHILDREN



Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Forget everything you thought you knew about how to motivate your child-at school and at home, or to simply get them to listen to you. The secret to good behavior and self-confidence, or even high performance, has little to do with attention or talent. It lies mainly with what we repeatedly and regularly do. In today s fast-paced and turbulent world, what makes the biggest difference in terms of thriving and happiness for kids (and for parents) is essentially the craving for learning, creating new things on your own, and making sound decisions for yourself. And this emotional intelligence can be cultivated from an early age through repetitive and positive habits. While the old-fashioned carrot-and-stick approach worked successfully in the past, we now better prepare our children for the tumultuous environment we live in through powerful mental habits. We give them the tools to adjust to continuous change, not feel overwhelmed, respond calmly, and always find the motivation within themselves. You can teach your child to be more patient, more independent, and to take responsibility for their satisfaction, even as a toddler and without being lavish nor extremely severe in your parenting style. Unlock the power of routines for a greater family life, to raise responsible children, and to enjoy hassle-free days! A habit is defined by Wikipedia as a settled or regular tendency or practice, especially one that is hard to give up. If you are like me and think that regular routines sound boring, but you are still struggling to get your children s needs to fit to your own lifestyle, not even mentioning finding time for what really matters in life, then this book might...

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