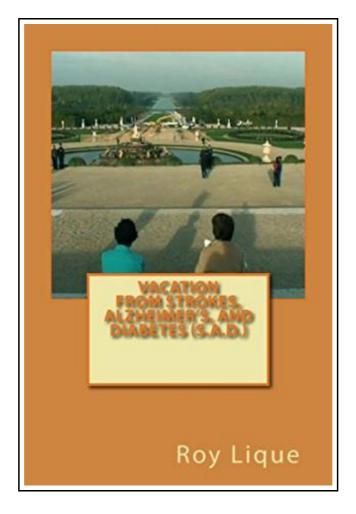
# Vacation from Strokes, Alzheimer?s, and Diabetes (S.A.D.): Vacation from Strokes, Alzheimer s, and Diabetes (S.A.D.)



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#### Reviews

This book is definitely not straightforward to get started on studying but extremely exciting to read. It is really simplistic but shocks in the 50 percent of the ebook. Once you begin to read the book, it is extremely difficult to leave it before concluding.

(Ally Reichel)

## VACATION FROM STROKES, ALZHEIMER?S, AND DIABETES (S.A.D.): VACATION FROM STROKES, ALZHEIMER S, AND DIABETES (S.A.D.)



Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. The book is about a couple which is under extreme pressure to maintain a normal life despite the ravages of the diseases: diabetes, Alzheimer s, and three bouts of strokes, which have befallen the author s wife. The story is ongoing as the author s wife is still up and only losing a slight ground against the diseases. The author hopes that the loss is due to age and not due to the advance of the diseases. The book has only two main characters, the author and his wife. The author, acting as caregiver to his wife, is implementing his mission which is to provide his wife the utmost health care and affordable conveniences while she is still able to appreciate the physical aspects of her surroundings. The author s wife loves to travel before and after the named diseases befell her. They still want to pursue the same life style even though she is not as mobile anymore as she was before the diseases debilitated her. Due to the limited options for physical activities, the couple perseveres in the pursuit of the only plans that are available. The plans of course, must be consistent with her ability to move freely with moderate assistance. The book has only two chapters. Chapter 1 deals with travel planning. Travel planning is focused mainly on ocean cruises; the author and his wife determined that ocean cruising is the best and the only reasonable option for traveling without exacerbating her physical and mental condition. Chapter 2 and a number of pages in the book deal with implemented travel plans. As more and more travels are pursued and enjoyed, more pages will be...

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