



Say Goodbye to Back Pain

By Marian Betancourt, M D Emile Hiesiger

Gallery Books, United States, 2014. Paperback. Book Condition: New. Reissue. 166 x 104 mm. Language: English. Brand New Book ***** Print on Demand *****.DON T LET BACK PAIN RUN YOUR LIFE! Anyone who experiences chronic or even minor back pain knows there are plenty of remedies for temporary pain relief -- but how do you know you re treating the correct problem in the most effective way? Top neurologist and pain management expert Emile Hiesiger draws on the newest medical information to target back pain at its source. From whiplash and sciatica to osteoporosis and spondylolysis, from faulty facets to herniated disks, Dr. Hiesiger identifies the origins of common problems, and arms you with essential information on Diagnostic tests and what they mean Key questions to ask your doctor Medical and surgical options from nerve blocks to vertebroplasty Exercises and lifestyle changes for pain relief and prevention Physical therapy Prescription drugs And much more Practical and accessible, this one-stop resource will take you from symptoms to diagnosis to cure, so you can say goodbye to back pain -- forever!.



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Bantam Doubleday Dell Publishing Group Inc, United States, 1994. Paperback. Book Condition: New. Reissue. 170 x 104 mm. Language: English . Brand New Book. When A Connecticut Yankee in King Arthur's Court was published in 1889, Mark Twain was undergoing a...



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Harlequin, United States, 2016. Paperback. Book Condition: New. Not for Online.. 168 x 104 mm. Language: English . Brand New Book. THE NIGHT THEY MADE A BABY Mia Palinski had never even considered herself the kind of girl to have a one-night...



Readers Clubhouse Set B What Do You Say

Barron s Educational Series, United States, 2006. Paperback. Book Condition: New. Ann Losa (illustrator). 142 x 13 mm. Language: English . Brand New Book. This is volume six, Reading Level 2, in a comprehensive program (Reading Levels 1 and 2) for beginning readers. Two...



More Spaghetti, I Say!

Scholastic Inc., United States, 1993. Paperback. Book Condition: New. Mort Gerberg (illustrator). Reissue. 218 x 147 mm. Language: English . Brand New Book. With inspiring and educational stories, Scholastic s Hello Reader series caters to the spectrum of reading abilities among beginning...



Fox on the Job: Level 3

Penguin Putnam Inc, United States, 2004. Paperback. Book Condition: New. James Marshall (illustrator). Reissue. 224 x 150 mm. Language: English . Brand New Book. Using their cache of already published easy-to-read books, Puffin launched their Easy-to-Read program. Favorite stories by such beloved...



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Penguin Young Readers Group, United States, 1993. Paperback. Book Condition: New. James Marshall (illustrator). Reissue. 224 x 147 mm. Language: English . Brand New Book. Using their cache of already published easy-to-read books, Puffin launched their Easy-to-Read program. Favorite stories by such...