



The Complete Guide to Drying Foods at Home: Everything You Need to Know About Preparing, Storing Consuming Dried Foods

By Terri Paajanen

Atlantic Publishing Co, United States, 2015. Paperback. Book Condition: New. 2nd ed.. 230 x 155 mm. Language: English. Brand New Book. Food dehydration is not just for prunes and raisins any more. A recent U.S. study revealed that the dried and dehydrated food industry made more than \$6.7 billion in revenue in 2013 alone. Thanks to advances in technology, dehydrating foods at home has become easier than ever by allowing you to lock in food s nutritional value while eliminating the water content that causes foods to grow bacteria and mold. Dry food also gives you a source of raw, nutrient-rich food that is easily available and requires no additional preparation. The Complete Guide to Drying Foods at Home provides you with all the information necessary for drying fruits, vegetables, meats, herbs, grains, and even dairy products. This book will provide you with instructions on how to dry foods using a food dehydrator and will also offer simpler alternatives for how to dehydrate foods using an oven, microwave, or the sun. You will learn what equipment you need to get started and how to properly store your food to ensure freshness. This book also provides you with recipes for...



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-- Amely Hodkiewicz

Other Books



I Am Reading: Nurturing Young Children s Meaning Making and Joyful Engagement with Any Book

Heinemann Educational Books, United States, 2015. Paperback. Book Condition: New. 234 x 185 mm. Language: English . Brand New Book. It s vital that we support young children s reading in ways that nurture healthy reading identities, that foster an attraction to...



Hope for Autism: 10 Practical Solutions to Everyday Challenges

Seaborough Enterprises Publishing, United States, 2015. Paperback. Book Condition: New. Initial ed.. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****. Hope for Autism: 10 Practical Solutions to Everyday Challenges, provides answers to the many questions...



Violin Concerto, Op.82: Study Score

Petrucci Library Press, United States, 2014. Paperback. Book Condition: New. Urtext ed.. 274 x 213 mm. Language: English . Brand New Book ***** Print on Demand *****. Premiered by the renowned violinist Leopold Auer in St. Petersburg in February of 1905, Glazunov s...



EU Law Directions

Oxford University Press, United Kingdom, 2014. Paperback. Book Condition: New. 4th ed.. 242 x 188 mm. Language: English . Brand New Book. With a readable and modern writing style, EU Law Directions clearly explains the key topics and developments in this fast-paced...



Meet Trouble: Slipcase

Penguin Putnam Inc, United States, 2013. Paperback. Book Condition: New. 230 x 154 mm. Language: English . Brand New Book. A brand-new series for brand-new readers!Introducing a new series for brand-new readers! Each slipcase includes two 16-page paperback books, both on an...



The Adventures of a Plastic Bottle: A Story about Recycling

SIMON SCHUSTER, United States, 2009. Paperback. Book Condition: New. Children s Tk, Pete Whitehead (illustrator). Original ed.. 203 x 196 mm. Language: English. Brand New Book. Learn about recycling from a new perspective! Peek into this diary of a plastic bottle...